Ramakrishnan (Krish) Parameshwaran is a physician, a psychiatrist, and a clinical chaplain (Spiritual Care provider) in the United States of America. His clinical, academic and research interests are focused on developing an evidence-based “Spirituality” as an academic curricular subject in medical school programs.

It was in the late 1990s and early 2000s that Dr. Krish had trained in psychiatry at the Institute of Psychiatry and Human Behavior, Goa Medical College and then as a Fellow at the National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore. Through those years as a psychiatrist in India, Dr. Krish realized how his patients with mental illness were not able to return to their premorbid “normalcy” despite adequate medication management, psychotherapy, and best efforts of their psychiatric care providers. That was when Dr. Krish realized how his patients’ spiritual needs were unmet in the clinical care that they were receiving, without which he felt they may not be able to return to their normalcy. In 2005, based on his readings, Dr. Krish came to the United States seeking scientific education and training in Spirituality for his patient care purposes. Cutting the long-story (fourteen-year) short, his search led him into a tough but beautiful journey through spiritual care education programs at St. Joseph Medical Center, Washington and Stanford Medical Center, California, USA. The awe-inspiring healing outcomes that Dr. Krish had witnessed among his patients in his chaplaincy training inspired him to enter deeper into (the “wilderness” for) interreligious theological education (Master of Divinity) at Harvard Divinity School and (PhD) at the Graduate Theological Union, University of California at Berkeley. Emerging successfully out of his journey through the theological and spiritual care education ( “wilderness”), Dr. Krish has presented his PhD dissertation in which he has explored the “\textit{Electroencephalographic (EEG)-Neurofeedback Informed Contemplative Neuroscientific Approaches to Theological Education and Spiritual Care Training for Medical School Programs.}”

Dr. Krish foresees “Spiritual Care” as a specialized medical discipline wherein the providers will be equipped with EEG and Magnetoencephalographic (MEG) devices in their clinical care. He envisages spiritual care education and training would
become a mandatory academic subject in allopathic and traditional (Ayurveda, Yoga, Naturopathy, Unani, Siddha, Homeopathy, Acupuncture, etc.) medical schools all over the world. Dr. Krish encourages smart and kind-hearted students to enter the Spiritual Care education and training programs. He admires those who seek this education journey for their fortitude to be pioneers in this discipline. Dr. Krish has a set of challenging questions for those courageous and spiritually endowed students to reflect upon, as they embark on this education journey:

- “Who do you think is the Healer in the spiritual care process?” “If you believe the Divine/God as the Healer, how does S/He or It manifest in a clinical care interaction?”
- “Who is it that is getting healed in a spiritual care interaction?”
- “What or who is this Divine that would manifest to heal when the patient and the provider hail from different religious backgrounds?”

Outside his research, Dr. Krish is a friendly and fun-loving person who enjoys hiking and playing cricket and loves painting and sculpting. He is now wanting to learn to play flute.